

Psychology Service

Counseling services and academic assessment are available to help veterans achieve educational success and development.

"To care for him who shall have borne the battle..."

Abraham Lincoln



Malcom Randall VA Medical Center

North Florida/South Georgia
Veterans Health System

Operation Education Freedom



<http://www.visn8.med.va.gov/nfsg>

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Transitioning
from battlefield
to classroom...

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Operation Education Freedom

We are thankful for veterans and their service.

Our veterans experienced many challenges during their military service. The pursuit of higher education can also be challenging.

Factors such as feelings of alienation, nonsupport, test anxiety, attention difficulties, and learning disorders often contribute to these challenges.

Veteran support, skills training, and academic advocacy can help with the challenges of success in the classroom.

Common Barriers to College Adjustment

All students experience common barriers to college success.

Veterans may experience the same barriers that all students face, as well as some additional difficulties.

Common challenges include:

- Difficulties adjusting to the return to civilian and college lifestyle
- Mood Swings
- Attention and Concentration Problems
- Test Anxiety
- Math Difficulties
- Reading Difficulties
- Substance Dependence
- Post-Traumatic Stress

How We Can Help

We are offering support groups and academic evaluations for veterans experiencing difficulty with the college setting.

Weekly support groups and academic testing are available on-campus for veterans. Peer support groups allow student veterans to discuss conflicts, hardships, and emotional stress in adjusting to college life.

For more information, please contact:

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